

ACTIVE BYSTANDER

INTERVENTION & DE-ESCALATION TRAINING



OVERVIEW

This training focuses on effective skills for assessing, de-escalating, and diffusing a harmful or inappropriate behavior (bullying, harassment, physical violence...). It provides participants with the tools they need to quickly recognize when they are bystanders, evaluate the consequences for everyone involved, and take action. We believe that active bystandership does not mean confronting the aggressor with violence. Hence our ABI & De-escalation training sessions promote nonviolent, safe alternative approaches for defusing harmful situations and engaging with the aggressor and those subject to harmful acts. All sessions are interactive and designed to fit the needs of participants.

Who Should Take This Training?

Anyone interested in building skills that will enable them to step in effectively when witnessing a harmful situation. **This training is available online and in-person. Please scan the QR code below or visit our website to learn more and register for an upcoming session.*

Custom Training Sessions for Groups & Organizations

We always strive to meet the unique needs of groups and organizations. Our team has extensive experience conceptualizing, designing, and facilitating custom Active Bystander Intervention trainings for groups and organizations in the U.S and around the world, including but not limited to organizations and groups in the categories listed below.



Schools & Universities



Workplaces



Advocacy Groups



Faith-based organizations

Bystander: Someone who witnesses a harmful situation.

Active Bystander: Someone who witnesses a harmful behavior (harassment, bullying, microaggressions) and chooses to intervene.

Aggressor: An individual or group that engages in harmful acts.



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